

Book Reviews

Weekes-Shackelford, V. A., & Shackelford, T. K. (Eds.). (2014). *Evolutionary perspectives on human sexual psychology and behavior*. New York, NY: Springer. 418 pp. ISBN 978-1-4939-0314-6.

"Evolutionary Perspectives on Human Sexual Psychology and Behavior": New Edited Volume by Weekes-Shackelford and Shackelford

Stanislava Stoyanova*^a

[a] Department of Psychology, South-West University "Neofit Rilski", Blagoevgrad, Bulgaria.

Psychological Thought, 2014, Vol. 7(2), 187–188, doi:10.5964/psyct.v7i2.122

Published (VoR): 2014-10-22.

*Corresponding author at: SWU "Neofit Rilski" 66, Ivan Mihailov Street, 2700 Blagoevgrad, Bulgaria. E-mail: avka@abv.bg

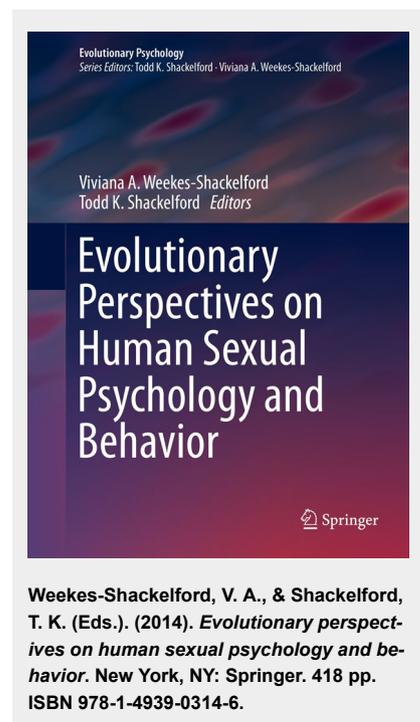


This is an open access article distributed under the terms of the Creative Commons Attribution License (<http://creativecommons.org/licenses/by/3.0>), which permits unrestricted use, distribution, and reproduction in any medium, provided the original work is properly cited.

This book is structured in four parts. Part One presents an introduction to evolutionary perspectives in human sexual psychology and behavior. It is focused on both genders' preferences during the process of adaptation and the methods for studying them – surveys, experiments, public records, ethnographic evidence, etc.

Part Two deals with psychological explanations of sexual adaptations in men, whilst Part Three discusses sexual adaptations in women. The presented topics are related to sexual offending and rape; preferences for human voices, facial characteristics, body movements, types of humor, ways of expression of sexual interest; the roles of status and access to resources for attractiveness; maintaining of one's gender identity; adaptation to transition periods of sexual development. Eating disorders are related to intrasexual competition. Friendship is compared to interpersonal attractiveness.

The Conclusion Part deals with some possible evolutionary perspectives for sexual behavior of both genders in direction to male androphilia and female competitiveness.



Some important topics in contemporary society are presented in a scientific way relating sexual behavior with its psychological peculiarities. Each chapter consists of sub-sections (20 in total) written by 39 authors.

This book will be useful for everyone interested in evolutionary psychology and sexual behavior.

Funding

The author has no funding to report.

Competing Interests

The author has declared that no competing interests exist.

Acknowledgments

The author has no support to report.

About the Author

Prof. **Stanislava Stoyanova**, PhD is a lecturer in Psychological Measurements and Experimental Psychology at SWU “Neofit Rilski”, Blagoevgrad, Bulgaria.